



A Taste of Turkish Cuisine

By Nur Ilkin

Hippocrene Books. Paperback. Condition: New. 273 pages. Dimensions: 8.9in. x 6.0in. x 0.7in. Influenced by neighboring cuisines such as Greek, Persian, and even Chinese, Turkish cuisine is uncomplicated yet rich in flavor. Home cooks will enjoy diverse offerings, from the more widely-known dishes like kebabs, baklava, and Turkish coffee, to the lesser-known Eggplant Moussaka, Zeytinyagli Yer Elmasi (Jerusalem Artichokes with Vegetables), or Zebzeli Tavuklu Pilav (Chicken, Green Beans, and Rice with Saffron). There are several recipes for yogurt and yogurt-based sauces, one of Turkey's most important contributions to international cuisine. With over 180 recipes, A Taste of Turkish Cuisine incorporates fresh and healthful ingredients into delicious appetizers (mezes), soups, salads, entrees, breads, pilafs, vegetable dishes, preserves, yogurts and desserts. This cookbook also includes a brief history of Turkish cuisine, and guides to commonly used ingredients and Turkish cooking terms. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.

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So, Turkish cuisine is a mixture of all the ethnicities and neighbor countries cuisines in addition to its own assets. (Greek, Russian, Armenian, Arabic, Persian, Indian.. etc ..) I am Turkish myself .I ask this because after I tasted various cuisines , Indian , Mexican , Chinese,Thai ,Vietnam I started to discover many unknown spices , like star anise , galagal , fresh ginger ,cardamom ,turmeric ,nutmeg etc. I noticed we use very few spices and use of them are also limited For example we use cinnamon in deserts or some cold served olive oil dolma types .but in some other cuisines I saw in meat dishes cooked with cinnamon together with fruits . Cooking Turkish: learn to cook with the best authentic Turkish recipes. What to eat in Turkey? Great traditional Turkish restaurants. Lokum are succulent, sugary cubes from Turkey based on a gel of starch and sugar. Traditionally, lokum is flavored with rose water, lemon, bergamot orange, mastic, or mint, but the Turkish favorite remains a lokum of plain jelly combined with pist Read more. Overview Where to eat View Recipe. A taste of Turkish cuisine. Item Preview. Renewable every hour, pending availability.More info. Log In and Borrow. Get print disability access. Preview. (1 of 296). Flip left. Flip right. texts. A taste of Turkish cuisine. by. Nur İlçkin. Publication date. 2002. Topics. Cookery, Turkish. Publisher. Hippocrene Books.