

Quotes:

The ache for home lives in all of us. The safe place where we can go as we are and not be questioned.

-Maya Angelou, "All God's Children Need Traveling Shoes"

I have come to see white privilege as an invisible package of unearned assets which I can count on cashing in each day, but about which I was 'meant' to remain oblivious. White privilege is like an invisible weightless backpack of special provisions, maps, passports, codebooks, visas, clothes, tools and blank checks.

-Peggy McIntosh, "White Privilege: Unpacking the Invisible Backpack"

see: <https://www.isr.umich.edu/home/diversity/resources/white-privilege.pdf>

There is no coming to consciousness without pain. People will do anything, no matter how absurd, in order to avoid facing their own soul. One does not become enlightened by imagining figures of light, but by making the darkness conscious.

-Carl Jung

We can assume that most people, most of the time, are moral creatures. But imagine that this morality is like a gearshift that at times gets pushed into neutral. When that happens, morality is disengaged. If the car happens to be on an incline, car and driver move precipitously downhill. It is then the nature of the circumstances that determines outcomes, not the driver's skills or intentions.

-Philip Zimbardo, "The Lucifer Effect"

When I was 14 I was asked to seriously consider a career path.

I said I would like to be a writer and they said 'Choose something realistic'. So I said 'Professional Wrestler' and they said 'Don't be stupid'.

They asked me what I wanted to be, then told me what not to be.

And I wasn't the only one.

We were being told that we somehow must become what we are not, sacrificing what we are, to inherit the masquerade of what we will be.

I was being told to accept the identity that others will give me.

-Shane Koyczan, "To This Day ... for the bullied and beautiful"

see: http://www.ted.com/talks/shane_koyczan_to_this_day_for_the_bullied_and_beautiful

Quotes (cont.):

Truth is a thing of this world: it is produced only by virtue of multiple forms of constraint. And it induces regular effects of power. Each society has its regime of truth, its "general politics" of truth: that is, the types of discourse which it accepts and makes function as true; the mechanisms and instances which enable one to distinguish true and false statements, the means by which each is sanctioned; the techniques and procedures accorded value in the acquisition of truth; the status of those who are charged with saying what counts as true.

-Michael Foucault

see: <http://www.powercube.net/other-forms-of-power/foucault-power-is-everywhere/>

If I get to see myself on screen, then I know that I exist.

-Gabby Sidibe, interview

see: <http://www.ourbodiesourselves.org/2012/02/gabby-sidibe-on-whats-missing-from-movies-plus-organizations-making-a-difference/>

Taking into account the public's regrettable lack of taste, it is incumbent upon you not to fit in.

-Janeane Garofalo, "Feel this book"

*I have lived
in my body
for years
and still need
maps and lights
to find my way
to how I feel.*

-Michelle K., "Body of Maps"

see: <http://michellekpoems.tumblr.com/>

Often misconstrued, authenticity is not about being an open book, revealing every detail of yourself without rhyme or reason. It is simply the act of openly and courageously seeing what needs to be seen, saying what needs to be said, doing what needs to be done, and becoming that which you are intent on being.

-Scott Edmund Miller, "The User's Guide to Being Human: The Art and Science of Self"

Quotes (cont.):

Not everyone is okay with living like an open wound. But the thing about open wounds is that, well, you aren't ignoring it. You're healing; the fresh air can get to it. It's honest. You aren't hiding who you are. You aren't rotting. People can give you advice on how to heal without scarring badly. But on the other hand there are some people who'll feel uncomfortable around you. Some will even point and laugh. But we all have wounds.

-Warsan Shire, interview

see: <http://wellandoftenpress.com/reader/to-be-vulnerable-and-fearless-an-interview-with-writer-warsan-shire/>

We are all in prison. I built mine myself, but that doesn't make it any easier to get out of.

-Giorgio Faletti, "I kill"

It's dark because you are trying too hard. Lightly child, lightly. Learn to do everything lightly. Yes, feel lightly even though you're feeling deeply. Just lightly let things happen and lightly cope with them. I was so preposterously serious in those days...Lightly, lightly—it's the best advice ever given me. So throw away your baggage and go forward. There are quicksands all about you, sucking at your feet, trying to suck you down into fear and self-pity and despair. That's why you must walk so lightly. Lightly, my darling.

-Aldous Huxley, "Island "

Further reading:

Cognitive Dissonance:

http://en.wikipedia.org/wiki/Cognitive_dissonance

Authenticity:

[http://en.wikipedia.org/wiki/Authenticity_\(philosophy\)](http://en.wikipedia.org/wiki/Authenticity_(philosophy))

Bad faith:

[http://en.wikipedia.org/wiki/Bad_faith_\(existentialism\)](http://en.wikipedia.org/wiki/Bad_faith_(existentialism))

Gaslighting:

<http://en.wikipedia.org/wiki/Gaslighting>

Cultural Hegemony:

http://en.wikipedia.org/wiki/Cultural_hegemony

The gaze:

<http://en.wikipedia.org/wiki/Gaze>

The male gaze: Visual Pleasure and Narrative Cinema (1975) - Laura Mulvey

<http://imlportfolio.usc.edu/ctcs505/mulveyVisualPleasureNarrativeCinema.pdf>

The panopticon:

<http://en.wikipedia.org/wiki/Panopticon>

The panopticon in Port Arthur, the 'Seperate Prison'

<http://www.portarthur.org.au/index.aspx?base=1471>

Hyperreality:

<http://en.wikipedia.org/wiki/Hyperreality>

Popular quotes from Goodreads members. Marilyn Monroe: "I'm selfish, impatient and a little insecure. I make mistakes, I am out of control and at times hard to handle. Share. Tweet. Share. Share. Share. Email. Comments. Are you looking for motivation and inspiration? With so many great minds in our recorded history, you're bound to run across at least one great quote that puts life in perspective or inspires you to do great things. The best quotes of all time are the ones that resonate with people in a way that the world will never forget them. They're the kind of wisdom that smacks you in the face and encourages you to be all you can be. Discover quotes, sayings and words of wisdom. Motivational quotes by famous authors to keep you inspired. Popular Quotations on Life, Love and Success. Quote of the day. Nature is painting for us, day after day, pictures of infinite beauty. JOHN RUSKIN in #science. Bookmark. Next quote. Trending authors. Neal Barnard 39 quotes. Ludacris 80 quotes. Tyrese Gibson 49 quotes. Harvey Penick 25 quotes. Virginia Satir 55 quotes. Popular topics. Tuesday morning quotes. Tuesday motivational quotes. Quotes.net: Thousands of famous quotations from many authors that can be browsed, searched, listened to, and translated to several languages ©2021 STANDS4 LLC. Quotes.net is a huge collection of literary quotations and movie quotes for an endless array of famous authors and featured movies, collaboratively assembled by contributing editors. Browse our quotes database by subjects, alphabetically or simply search by keywords.

Quotes by Famous People. The greatest glory in living lies not in never falling, but in rising every time we fall. -Nelson Mandela. Best Quotes of All Time. Spread love everywhere you go. Let no one ever come to you without leaving happier. Access 125 of the best life quotes today. You'll discover inspiring words by Einstein, Keller, Thoreau, Gandhi, Confucius (with great images too). Here are 125 of the best life quotes and images. The goal? To help you find the inspiration and wisdom you need for living a good and simple life. Popular quotes from Goodreads members. Oscar Wilde: "Be yourself; everyone else is already taken."™, Marilyn Monroe: "I'm selfish, impatient and a little ...". Quotes popular among Goodreads members. "Be yourself; everyone else is already taken." • Oscar Wilde.