

NOW IS THE HOUR

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Music: Po Atarau (Now Is The Hour) by the New Zealand Singers
From the CD album Songs Of New Zealand
Available from iTunes Music Downloads

Rhythm/Phase: Waltz Phase II

Music Speed: As downloaded

Footwork: Opposite throughout directions for M (and for W where noted).

Sequence: Introduction A B A B Ending

..... INTRODUCTION (2 Measures)

IN CP LOD W/ LEAD FEET FREE WAIT 2 MEAS;;

[1 & 2] In clsd pos fcng LOD with lead feet free wait 2 measures;;

..... PART A (16 Measures)

2 FWD WALTZES;; 2 LEFT TURNS FC WALL;; LEFT TURNING BOX BLND BFLY;;;
LACE ACROSS; FWD WALTZ; LACE BACK; FWD WALTZ BFLY WALL; STEP SWING;
SPIN MANUV; 2 QTR RIGHT TURNS CP LOD;;

[1 & 2] In clsd pos LOD fwd L, fwd & slightly sd R, cl R; Fwd R, fwd & slightly sd L, cl R; [3 & 4] Fwd L commence up to 1/4 lf turn, continue turn sd R diag across line of progression turning up to 1/4 lf, cl L; Bk R commence up to 1/4 lf turn, continue turn sd L toward line of progression turning up to 1/4 lf to end fcng wall, cl R; [5 - 8] Fwd L commence 1/4 lf turn, complete turn sd R, cl L; Bk R commence 1/4 lf turn, complete turn sd L, cl R; Repeat measure 5 & 6 to end bfly pos fcng wall;; [9] With M's left and W's right hnds joined and passing bhnd W moving diag across line of progression ending in left open pos fcng line of progression fwd L, fwd R, cl L; [10] Fwd R, fwd L, cl R; [11] With M's right and W's left hnds joined and passing bhnd W moving diag across line of progression ending in open pos fcng line of progression fwd L, fwd R, cl L; [12] Fwd R, fwd L, fwd R turning 1/4 rf to fc ptrn & wall in bfly pos; [13] Toward LOD step fwd L, swing R fwd with no change of weight, -; [14] Fwd R commence rf upper body turn, continue rf turn to fc ptrn sd L, cl R; (W commence lf spin in place L, R, L to end fcng LOD & ptrn;) [15 & 16] Bk L commence up to 1/8 rf turn, continue turn sd R toward line of progression turning up to 1/8 rf, cl L; Fwd R commence up to 1/8 rf turn, continue turn sd L diag across line of progression turning up to 1/8 rf ending clsd pos LOD, cl R;

..... PART B (16 Measures)

PROGRESSIVE BOX;; 2 LEFT TURNS FC WALL;; DIP & HOLD; MANUV; 2 QTR
RIGHT TURNS CP LOD;; 1 LEFT TURN FC RLOD; BACKUP WALTZ; 2 RIGHT TURNS
BFLY WALL;; BALANCE L & R;; TWIRL VINE 3; PKUP SD CL;

[1 & 2] In clsd pos LOD fwd L, sd R, cl L; Fwd R, sd L, cl R; [3 & 4] Same as measure 3 & 4 of Part A;; [5] Dip bk L, hold, hold; [6] Fwd R commence rf upper body turn, continue rf turn to fc ptrn sd L, cl R; [7 & 8] Same as measure 15 & 16 of Part A;; [9] Fwd L commence up to 1/4 lf turn, continue turn sd R diag across line of progression turning up to 1/4 lf, cl L; [10] Bk R, bk L, cl R; [11 & 12] Bk L commence up to 1/4 rf turn, continue turn sd R toward line of progression turning up to 1/4 rf, cl L; Fwd R commence up to 1/4 rf turn, continue turn sd L diag across line of progression turning up to 1/4 rf to end bfly pos fcng ptrn & wall, cl R; [13 & 14] Step sd L, XRIB, recover L step in place; Step sd R, XLIB, recover R step in place; [15] With M's left and W's right hnds joined sd L, XRIB, sd L; (W sd & fwd R turning 1/2 rf under joined hnds, sd & bk L turning 1/2 rf, sd R;) [16] Toward LOD fwd R picking up W clsd pos LOD, sd L, cl R;

..... ENDING (8 Measures)

2 LEFT TURNS FC WALL;; BOX BLND BFLY;; (AS MUSIC BEGINS TO SLOW) TWIRL
VINE 3; THRU FC CL BFLY; SLOW SD DRAW CLOSE; SLOWLY STEP APART &
POINT;

[1 & 2] Same as measure 3 & 4 of Part A;; [3 & 4] In clsd pos fcng wall fwd L, sd R, cl L; Bk R, sd L blnd bfly pos, cl R; [5] Same as measure 15 of Part B; [6] Toward LOD thru R, sd L turning to fc ptrn bfly pos, cl R; [7] Sd L, draw R to left, cl R; [8] Step apart L, point R toward ptrn, -;

"Now Is the Hour" is a popular song from the early 20th century. Often erroneously described as a traditional Māori song, its creation is usually credited to several people, including Clement Scott (music), and Maewa Kaihau and Dorothy Stewart (arrangement and lyrics). The tune of the song first became known in 1913 when it was published by W.H. Paling and Co as a piano-variations piece in Australia, called Swiss Cradle Song and credited to "Clement Scott". Some sources say that, after a tour of New... Now is the hour Where my heart lives Here in this moment's Perfect gift Unafraid of the years Or a wasted kiss Now is the hour Where my heart lives. Tomorrow may sleep But sure as time Will wake and steal All the youth that was mine Now while your breath Is still fresh on my lips Now is the hour Where my heart lives. Now is the hour Where my heart lives Here in this moment's Perfect gift Unafraid of the years Or a wasted kiss Now is the hour Where my heart lives. Now is the hour Where my heart lives. Submit Corrections. Writer(s): Sharon Vaughn, Carl Anthony Falk, Christina Janet Undhjem. Now is the hour When we must say goodbye. Soon you'll be sailing Far across the sea. While you're away Oh, then, remember me. When you return You'll find me waiting here. Sunset glow fades in the west. Night o'er the valley is creeping. Birds cuddle down in their nest Soon all the world will be sleeping. Now is the hour When we must goodbye. Soon you'll be sailing Far across the sea. While you're away Oh, then, remember me.