

# ENDORSEMENTS

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## Raising Intuitive Children: *Guide Your Children to Know and Trust Their Gifts*

by Caron B. Goode and Tara Paterson

*Raising Intuitive Children* fulfills an urgent need in teaching parents how to nurture our children's most important sense, their intuition. It is at home, from their parents, where children either learn to trust, express, and follow their natural wisdom, leading to fulfilled and peaceful lives, or to dismiss their intuition, thus losing their way, their joy and their Spirit. A must read for all parents as all children are inherently intuitive. — **SONIA CHOQUETTE**, author, *The Intuitive Spark: Bringing Intuition Home to Your Child, Your Family, and You*

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Our society is changing and the paradigms of childcare as well as the rearing of intuitive children must sway from archaic standards to a more realistic perspective. *Raising Intuitive Children* gives parents excellent explanations with true-life stories that first brings normalcy to what has previously been viewed as a phenomenon, and then provides a terrific skill set for parents and caregivers alike. *Raising Intuitive Children* is a must read for anyone having anything to do with the Children of Now. — **MEG BLACKBURN LOSEY**, Ph.D., author of *Conversations with the Children of Now*, *The Children of Now* and *Pyramids of Light, Awakening to Multi-Dimensional Reality*

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"*Raising Intuitive Children* is a parent's guide to understanding the special gifts our children are here to teach us. The authors' use of real stories from their own lives lend heart and compassion to our evolving need as a society to connect with our children in a new, more loving way. Having two of my own children who are full of light, I see the need for more parenting books that address the needs of highly intuitive children. I would recommend this book to anyone!"

— **JOSIE BISSETT**, actress and author of *Tickle Monster*

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This major work provides effective strategies for nurturing the intuitive child's personal style of relating to the world, an absolute necessity for character excellence and success in their purpose.

— **KENDALL GAMMMON**, Retired, Kansas City Chiefs, author of *Life's a SNAP: Building Your Business and Personal Future & Game Plan: Leadership Lessons from the Best of the NFL*

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Paterson and Goode are providing a much-needed resource for caring parents and their intuitive children. As the mom of two girls who are deeply connected to their intuitive senses, I'm thrilled that a book like this is available to me."

— **JULIE AIGNER-CLARK**, creator of *Baby Einstein* and the *Safe Side*

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I was deeply moved by the anticipated focus of this work. To say that it is of a groundbreaking nature would be an understatement. While reading I was reminded of the new slogan for HGTV (Home and Garden Television) that urges its viewers to “Start at Home.” And thankfully, this mandate is clearly evident here as well. The informed use, respect and honoring of our intuitive selves has the most potential of bringing about larger societal shifts when support and value of this way of being is first present in the home. Moving from deviance to established social practice takes tremendous amounts of energy and courage, and many have been dissuaded from traveling this path due to the harmful and constricting labels that we attach to the intrepid few. However, as we all know, the level of consciousness that created the present challenges we are encountering in Western society is not the same level of consciousness that will lead to their resolution. It is imperative that we do all we can to support our children in developing their gifts, and *Raising Intuitive Children* is a bold and loving directive on how to do just that. —**DR. IDARA E. BASSEY**, attorney/intuitive and host of Sedona Talk Radio’s “Everyday Divinity”

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An informed and thoughtful approach to parenting intuitively aware, energetically sensitive children in an ever-changing world. —**MARIA HOUSEDEN**, international best selling author of *Hannah's Gift* and *Unraveled*.

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"Wow, If only my parents had read Tara and Caron's profound and deep advice! As a 22 year-old, I struggle constantly to explain to parents what kids are going through and how to reach them, yet Tara and Caron's warmth, honesty and open reflections bring to light many issues that generations of youth have been struggling with—but have never been able to express. Thank you for taking the steps to explore how intuitive children and teens need to be nurtured and sharing it with the rest of us, I am truly enlightened! —**VANESSA VAN PETTEN**, teen author of *You're Grounded!* and creator of OnTeensToday.com

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The time has finally come to support and encourage the intuitive children of the world and authors Tara Paterson and Caron Goode do it brilliantly. This is a book that every parent, who even thinks his or her child may be intuitive, must have. *Raising Intuitive Children* is the catalyst for making huge, positive changes in intuitive children’s lives and the family as a whole. —**LINDA SALAZAR** author of *Awaken The Genie Within: A Handbook to Silence Your Gremlins, Manage Your Emotions and Bring Out the Best of Who You Are*

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A much-needed treasure trove for the development of children’s intuitive intelligence in a left-brain world. All who care for kids will enjoy the cutting-edge research, fascinating stories and wish they had this much support for their imagination and intuition. Great read! —**SANDRA SEDGBEER**, Editor in Chief, *Inspired Parenting* & *Children of the New Earth* Magazines.

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Only RUB 220.84/month. Raising Children as Intuitive Eaters. STUDY. Flashcards. Parents have trust in children's decision to eat. Emphasizes decision of feeding responsibility and self-regulation of child Deemphasizes portion sizes/calorie counting. Don't pressure children to eat because this can backfire...won't know when hungry or full. Parents own anxiety about choices/food/control can be projected into mealtimes so the trust model tries to eliminate that. Intuitive children have trouble quieting their minds and falling asleep. They often have vivid dreams/nightmares and wake often in the night. My daughter is 4.5 years old and I can count on one hand how many nights she's slept through the night in her life. If you are raising an intuitive child or have one in your life, here are some ways you can support him/her: Stay open to her perceptions without judgment. Try to stay grounded when you hear what he is saying " don't inflate the story or put words into his mouth. Of course, raising children means providing for their basic needs, but there's a lot more to it than that. It also takes a huge amount of time. At times, raising a child can seem really daunting, especially in the world we live in today. Of course, raising children means providing for their basic needs, but there's a lot more to it than that. It also takes a huge amount of time, effort, and love"and having a great sense of humor doesn't hurt, either. Intuitive children are those that are psychic, empathic and sensitive to the energies around them. They may also have prophetic dreams, visions or be able to see spirits or communicate with spirit guides and angels. Children are very susceptible to psychic energy and tend to feel things stronger than adults. This is usually because they are very open and don't have many energetic blocks. It's been said that children are the most intuitive because they have not been conditioned to value logic over intuition and feeling. The following article lends credence to that belief. A small child heard the roaring wind outside, got scared and ran out of her room into her mother's bed. Later that night, a tree fell though the house and crushed the bed where the child had been sleeping. Read the article here. What if that mother had ignored her child's fears and pushed her back to her bedroom? The story would have had a tragic ending.

Raising Intuitive Children helps parents understand an intuitive child's world and teaches them how to validate, not suppress, these intuitive abilities. The stakes are high; if intuitive children get dismissed, they can lose their way, their joy, and their spirit. Psychotherapist Caron Goode teams up with parenting expert and coach Tara Paterson to share explanations, stories, and examples—many from Tara's own family—in this ground-breaking guide. It shows how to In Raising Intuitive Children, authors Dr. Caron Goode and Tara Patterson, bring forth valuable insights on how intuition plays a key role in our families. Through their own personal stories, client reports and clinical research, this book provides an essential foundation and practical guidelines for nurturing our children's intuitive nature. This work is a powerful and engaging contribution to the field of intuitive study and a must have for parents. Read more. March 2018 Issue. Children's Nutrition: Raising Intuitive Eaters By Carrie Dennett, MPH, RDN, CD Today's Dietitian Vol. 20, No. 3, P. 14. Intuitive eating is a flexible eating style that focuses on trusting—and usually following—physical hunger and satiety cues to guide when, what, and how much to eat.<sup>2,3</sup> It's associated with positive physical and psychological outcomes.<sup>4</sup> Intuitive eating is similar to Ellyn Satter's Feeding Dynamics Model, first published in the early 1980s, in which the parent or. Raising Intuitive Children. Your intuitive child has likely been different since birth. S/he seems to respond to things and to life differently than most other kids. Highly perceptive, very emotional, and sometimes too aware and knowing for his/her age. Your little may bring up topics or reference things that are confusing, perhaps a bit scary, and you may not even know what to say in those moments. S/he likely gets overwhelmed a lot and may seem to know things that is impossible to explain. Intuitive children are those that are psychic, empathic and sensitive to the energies around them. They may also have prophetic dreams, visions or be able to see spirits or communicate with spirit guides and angels. Children are very susceptible to psychic energy and tend to feel things stronger than adults. This is usually because they are very open and don't have many energetic blocks.