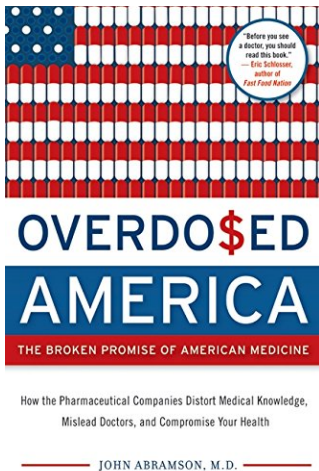


[PDF] Overdosed America: The Broken Promise Of American Medicine

John Abramson - pdf download free book



Books Details:

Title: Overdosed America: The Broken
Author: John Abramson
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Description:

From Publishers Weekly According to Abramson, Americans are overmedicated and overmedicalized as a result of the commercialization of health care. Falling prey to marketing campaigns, we demand unnecessary and expensive drugs and procedures, believing they constitute the best possible medical care. Wrong, says Abramson: though more post-heart attack procedures are performed in the U.S. than in Canada, one-year survival rates are the same. Similarly, notes Abramson, a former family practitioner who teaches at Harvard Medical School, we spend more on high-tech neonatology than other Western countries but have a higher infant-mortality rate because of inattention to low-tech prenatal care. Abramson deconstructs the scientific sleight of hand in presenting clinical trial results that leads to the routine prescription

of pricey cholesterol-lowering drugs even when their effectiveness has not been proven; he examines what he calls "supply-sensitive medical services"—the near-automatic use of medical technologies, such as cardiac catheterization, less because they are needed than because they are available. Abramson's bottom line: "More care doesn't necessarily mean better care." Arguing firmly that doctors should focus more on lifestyle changes to improve health, Abramson seems less credible when he writes off depression as "exercise-deficiency disease" and disposes of cancer in little more than a page. Still, he makes a powerful and coherent case that American medicine has gone badly astray and needs a new paradigm—one untainted by profits.

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Review "Enlightening." (Washington Post Book World)

"A powerful and coherent case that American medicine has gone badly astray."
(Publishers Weekly)

"Abramson's book will have you rethinking your relationship with your doctor and your health." (The Oregonian (Portland))

"Before you see a doctor, you should read this book." (Eric Schlosser, author of Fast Food Nation)

"A clear and concise explanation of how American medicine has gone astray...a must read for both patients and doctors." (Herbert Benson, MD, author of The Relaxation Response and The Breakout Principle)

"Fulfills the criteria for high quality in health services: the right diagnosis and the right prescription at the right time." (Barbara Starfield, MD, MPH, University Distinguished Professor, Johns Hopkins University & Medical Institutions)

"Acompelling and well-documented analysis... a book every American should read."
(Elliott Fisher, MD, MPH, Professor of Medicine, Dartmouth Medical School)

"Essential for all those who want to intelligently reclaim responsibility for their own health." (Cheryl Richardson, author of Take Time for Your Life, Life Makeovers and Stand Up for Your Life)

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7. Abramson J. *Overdo\$ed America: The Broken Promise of American Medicine*. New York, NY: Harper Collins; 2004. 8. Downs JR, Clearfield M, Weis S, et al.Â Copyright Â© 2009 by the American Academy of Family Physicians. This content is owned by the AAFP. A person viewing it online may make one printout of the material and may use that printout only for his or her personal, non-commercial reference. Start by marking "Overdo\$ed America: The Broken Promise of American Medicine" as Want to Read: Want to Read savingâ€| Want to Read.Â Using the examples of Vioxx, Celebrex, cholesterol-lowering statin drugs, and anti-depressants, *Overdo\$ed America* shows that at the heart of the current crisis in American medicine lies the commercialization of medical knowledge itself. Drawing on his background in statistics, epidemiology, and health policy, John Abramson, M.D., an award-winning family doctor on the clinic Using the examples of Vioxx, Celebrex, cholesterol-lowering statin drugs, and anti-depressants, *Overdo\$ed America* shows that at the heart of the current crisis in American medicine lies the commercialization of medical know *Overdo\$ed America: The Broken Promise of American Medicine* is a book about unnecessary healthcare. A reviewer for BMJ called the book "the latest in a series of searing indictments of a medical profession apparently duped by the false promise of technology, and too often compromised by cold hard cash from the companies selling the drugs and devices". The reviewer for The Washington Post stated that the strength of the book was in its ability to discuss articles from scientific journals.

Overdosed America: The Broken Promise of American Medicine is a book about unnecessary healthcare. A reviewer for BMJ called the book "the latest in a series of searing indictments of a medical profession apparently duped by the false promise of technology, and too often compromised by cold hard cash from the companies selling the drugs and devices". The reviewer for The Washington Post stated that the strength of the book was in its ability to discuss articles from scientific journals. Overdosed America: The Broken Promise of American Medicine. October 26, 2006. Evidence-based medicine? Overdosed America: The Broken Promise of American Medicine. Dr. Abramson debunks the myths about the excellence of American medicine, noting the paradox between the staggering cost of health care in America and the embarrassing poor outcomes. Health care spending reached \$6100 for every man, woman and child in the US—that's 42% more than other industrialized countries spent, this excess is (in essence) a tax of more than \$1800 for each US citizen. Despite the huge expenditure for health care, the US is the only industrialized country that fails to provide universal health insurance for its citizens, leaving 43 million Americans without insurance. With so much negativity towards medicine these days, many doctors must be contemplating ear-plugs and wondering why they are bothering. Thanks to Harvard University researcher and family doctor John Abramson, that negativity is about to be turned up a notch. His book is the latest in a series of searing indictments of a medical profession apparently duped by the false promise of technology, and too often compromised by cold hard cash from the companies selling the drugs and devices. Yet this book comes with a refreshing respect for the healing potential of the doctor-patient relationship, and Overdosed America tells this story without protecting any of the vested interests, which is how we need to approach the crisis in American medicine if we truly want to restore its broken promise.

INTRODUCTION. For more than 20 years I practiced family medicine in a small town about 45 minutes north of Boston. During those years I often marveled at how lucky I was to have found my calling, balancing the science of medicine with the art of caring for people. Over the past 28 years as a physician I have had the privilege of observing the transformation of American medicine from a number of vantage points. My first experience as a primary care doctor was in Appalachia, with the National Health Service Corps (then a part of the U.S. Public Health Service). The commercialization of American medicine -- American medicine's perfect storm: a brief history -- The commercial takeover of medical knowledge -- The snake and the staff: duping the doctors -- A smoking gun: the 2001 cholesterol guidelines -- Direct-to-consumer: advertising, public relations, and the medical news -- Follow the money: supply-side medical care. -- Taking back our health -- The knee in room 8: beyond the limits of biomedicine -- From osteoporosis to heart disease: what the research really shows about staying healthy -- Healing our ailing health care system, or how to save \$500

Overdosed America: The Broken Promise of American Medicine is a book about unnecessary healthcare. A reviewer for BMJ called the book "the latest in a series of searing indictments of a medical profession apparently duped by the false promise of technology, and too often compromised by cold hard cash from the companies selling the drugs and devices". The reviewer for The Washington Post stated that the strength of the book was in its ability to discuss articles from scientific journals. Why Do Americans Take So Many Pills? It May Have More to Do With Business Than Science (Reviews of the Truth About the Drug Companies: How They Deceive Us and What to Do About It by Marcia Angell; the Rise of Viagra: How the Little Blue Pill Changed Sex in America by Meika Loe; Overdosed America: The Broken Promise of American Medicine by John Abramson) » . Start by marking "Overdosed America: The Broken Promise of American Medicine" as Want to Read: Want to Read savingâ€¦| Want to Read.Â This is my first glance at Dr. Abramson's work, and it did not disappoint. Overdo\$ed America - The Broken Promise Of American Medicine By John Abramson M.D., does an exceptional job of eviscerating what the conventional medical establishment "Probably as much as 75% of the medicine of sickness is unnecessary and its cost can be avoided." Dr. Ghislaine Lanctot, Author Of The Medical Mafia.