CSL6801.E1 Life Span Development  
Spring 2020

PROFESSOR INFORMATION:
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COURSE INFORMATION:
CSL6801.E1 Life Span Development  
Level: Graduate  
Beginning Date of Session: Saturday, March 14, 2020  
Ending Date of Session: Thursday, May 21, 2020  
Student access available to the Student Portal: Saturday, March 14, 2020

Students enrolled in distance learning courses are not assessed any additional fees for security or identity verification.

COURSE PREREQUISITES:
None

TEXTBOOK(S) AND REQUIRED MATERIALS:
Title: Life Span Development  
Author: John Santroc  
Publisher: McGraw-Hill  
Year Published: 2018  
Edition: Edition Number 17th  
Price: Available at http://amberton.ecampus.com

Amberton University has an agreement with eCampus.com to provide a full-service online bookstore to students. The Amberton University Virtual Bookstore is accessible through the University’s website, www.Amberton.edu. There is also a bookstore link in the Student Portal.

The AU Virtual Bookstore provides an easy to use interface, online buyback of books, and same day shipment of most titles with an average delivery time of 2-3 days depending on the student’s location. Textbook options include new, used, rental, and electronic media as available.

Since no books are sold on campus, students should plan accordingly and purchase their books in advance of the first day of class, allowing time for shipping. Be certain you are enrolled in the course before purchasing your book(s). All textbook information (Title, Author, ISBN, etc.) is available in the course syllabi so students can shop competitively. Most textbooks can be purchased from many different textbook vendors. Some textbooks may only be available on the University’s Virtual Bookstore. Students should be careful to obtain the exact resource(s) required for the course.

APA Requirement
APA (American Psychological Association) style is most commonly used to cite sources within the social sciences. This resource, revised according to the 6th edition, second printing of the APA manual, offers examples for the general format of APA research papers, in-text citations, endnotes/footnotes, and the reference page. For more information, please consult the Publication Manual of the American Psychological

SCHOOL COUNSELING PROFESSIONAL CERTIFICATE PROGRAM CHANGE
Beginning Fall 2019, there will be three practicums: CSL6870, CSL6875, AND CSL6880. The TExES (Texas Examination of Educator Standards) must be passed before enrolling in CSL6870. The TExES application form and practice tests are located in the TExES Review Course in Moodle. The Application and Contract are required at the first meeting of CSL6870 Practicum I and are in the Review Course. Effective September 1, 2019, the Master of Arts School Counseling degree will be a forty-eight (48) hour degree program for students entering the program.

COURSE COMPETENCIES:
The following represents the course competencies for this class. Competencies are equivalent for all lecture and distance learning courses. Following each competency is the assignment used to gain mastery of this area of study.

The course investigates the changes that occur with age and the processes underlying human growth and development throughout the life cycle. The developmental progression of the family life cycle is also explored, including physical, psychological, and social characteristics. Emphasis is placed on areas such as sensory and perceptual ability, cognitive and language development, behavioral genetics, and effects of socialization agents. Developmental and learning theories will be emphasized.

UPON COMPLETION OF THE COURSE, THE STUDENT WILL BE COMPETENT IN:

1. Defining developmental psychology.
2. Detailing stages of the human life cycle.
3. Understanding the contribution of genetics to life span development.
4. Examining the developmental stages of the family life cycle and the family structure, including their influence on the allocation of family resources.
5. Discussing prenatal development.
6. Describing theories of personality development in infancy.
8. Evaluating perceptual development in early childhood.
10. Discussing development of primary and secondary sex characteristics.
11. Discussing adolescent egocentrism.
12. Expanding the concept of adult maturity.
13. Discussing the development of adult sexual relationships.
15. Synthesizing changes in health, sensory abilities, and mental capabilities in late adulthood.
17. Understanding the effect of school developmental and counseling guidance programs upon societal problems.

COURSE POLICIES:
(State any policies related to the course i.e. make-up exams, late assignments, incompletes, etc.)

Student's Responsibilities
This syllabus contains information, policies and procedures for a specific course. By enrolling, the student agrees to read, understand and abide by the policies, rules, regulations, and ethical standards of Amberton University as contained in the current university catalog and schedule of classes.

Attendance Policy:
Regular and punctual class attendance is expected at Amberton University. In case of absence, it is the student’s responsibility to contact the professor as soon as possible. If a student intends on withdrawing from a course, it is the student’s responsibility to follow the university’s policy on formally withdrawing from a course. Ceasing to attend does not constitute official withdrawal.
Attendance in a Distance Learning course is defined as any submission to Moodle within the enrollment dates of the course, any required submissions outside of Moodle within the enrollment dates of the course, or initiating any communication with your professor regarding an academic assignment. A student in a Distance Learning course is required to actively participate in the course and submit course assignments timely as described in the course syllabus. A student not meeting these requirements may be dropped at the discretion of the professor and Amberton administration.

**Plagiarism Policy**
Plagiarism is using another person’s work as your own. Plagiarism is a violation of the University’s code of student ethical conduct and is one that is taken seriously. Amberton University operated on an honor system, and honesty and integrity are essential characteristics of all who are associated with the institution. All Amberton University students are expected to abide by the honor system and maintain academic integrity in all of their work. Amberton University and its instructors monitor student work for plagiarism and reserve the right to submit such work to technology-based anti-plagiarism services and applications at any time.

**COURSE OUTLINE AND CALENDAR:**
(Outline the course with topics and learning activities required to gain knowledge of course competencies, include number of assignments required, etc.

The course outline is the critical component of the course. It is in the outline that topics and learning resources are brought together. Aside from a personal lecture (not available to e-Course students) the course outline should sufficiently inform the student of all the information (type, source, and important due dates) that will be learned in the course. Do not include the actual assignments and exercises within the syllabus, but do include important due dates, activities scheduled, as well as, examination dates.)

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
<th>Assignment</th>
<th>Competencies Covered</th>
<th>Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Readings Chp 1-3</td>
<td>Intro Forum</td>
<td>1,2,3,5,8</td>
<td>3/20-23</td>
</tr>
<tr>
<td>2</td>
<td>Exercise #1 Read Chp 4-6</td>
<td>Forum Discussion</td>
<td>1-17</td>
<td>3/21-27</td>
</tr>
<tr>
<td>3</td>
<td>Exercise #2 Read Chp 7-9</td>
<td>Forum Discussion</td>
<td>1-17</td>
<td>3/28-4/3</td>
</tr>
<tr>
<td>4</td>
<td>Read Chp 10-12</td>
<td>Readings</td>
<td>2-9</td>
<td>4/5</td>
</tr>
<tr>
<td>5</td>
<td>Mid Term</td>
<td>Mid Term Exam</td>
<td>1-8</td>
<td>4/11</td>
</tr>
<tr>
<td>6</td>
<td>Reflection #1</td>
<td>Reflection #1</td>
<td>2-9</td>
<td>4/18</td>
</tr>
<tr>
<td>7</td>
<td>Reading 10-13</td>
<td>Readings</td>
<td>2-9</td>
<td>4/25</td>
</tr>
<tr>
<td>8</td>
<td>Exercise #3</td>
<td>Forum Discussion</td>
<td>1-17</td>
<td>5/2-5/7</td>
</tr>
<tr>
<td>9</td>
<td>Reflection #2</td>
<td>Reflection #2</td>
<td>2-9</td>
<td>5/13</td>
</tr>
<tr>
<td>10</td>
<td>Final Exam</td>
<td>Final Exam</td>
<td>9-17</td>
<td>5/19</td>
</tr>
</tbody>
</table>

**GRADING CRITERIA:**
Mid Term: 100 Points  
Final: 100 points  
Exercises: 40 Points (X 3) = 120 points  
Reflection Papers: 50 points (x2) = 100 points  
Class Participation: 20 points  
TOTAL: 440 possible points

Graduate  
92 – 100 A  
82 – 91 B  
72 – 81 C  
62 – 71 D  
Below 62 F
GRADE NOTIFICATION AND INSTRUCTOR FEEDBACK:
A successful distance learning experience requires a flow of communication between instructor and student throughout the session. Instructor comments are considered essential to the learning process. Therefore, each assignment/exam submitted will be reviewed, graded and returned to the student in a timely manner along with the appropriate commentary. Students should carefully review all comments.

Final grades are mailed approximately one week after the last day of the session to the student’s address of record. Amberton University staff will not post or release grades over the phone. University instructors will not leave a message with comments or grades in any type of media that is not secure.

For questions regarding grades after the semester has ended, students should use their University email account and contact the instructor at the faculty email address as provided above in Professor Information area.

Incomplete Grades
An “I” (incomplete grade) is given at the discretion of the professor and may be given only when an emergency or illness prevents the student from completing course requirements. Should an “I” be granted, the student has 30 days from the end of the session to complete the conditions of the incomplete. An “I” which is not properly removed within 30 days following the session enrolled will become an “F” grade.

How To Withdraw From a Course
To be official, the class withdrawal must be in writing and signed by the student requesting the withdrawal; no withdrawal is accepted verbally. Please review the “Schedule of Classes” (online or in-print) for procedures for class changes or withdrawals and the refund policy and schedule.

COURSE DELIVERY METHODOLOGY:
This course is offered as a distance-learning course through the Moodle Learning Platform. Amberton’s distance learning courses, called e-Courses, are identical to classroom courses in terms of learning outcomes, competencies, and instructor expectations. A student choosing to take an e-Course must have the following skills and technical capabilities:

1. Access to the Internet
2. General knowledge in:
   - Internet browser settings and configuration
   - e-mail and file attachments
   - Uploading and downloading files
   - Using a word processing package
3. Ability to conduct on-line research

Students who have not mastered these skills should not enroll for this course, but should consider enrolling in MIS2110 Computer Concepts and Internet Technologies for instruction in these areas.

HOW TO ACCESS YOUR COURSE:

Through the Amberton University Student Portal
Students enrolled in distance learning courses using the Moodle Learning Platform may access the course through the Amberton University Student Portal. The site may be accessed through the University’s main page (http://www.Amberton.edu) or at http://apps.Amberton.edu. After selecting the “Student Portal” link, you will be prompted for a Username and Password.

Use your assigned username and password (AUID) as described below to enter the AU Student Portal:

   Username = your capitalized firstname initial+lastname+last 3 digits of your SSN.
* Use your name exactly as it is listed on the University’s records, including any suffixes or hyphenations, such as Jr, Sr, or II, as a part of your username.

For example: James Jones, Jr. SSN: 123-45-6789
Username: JJonesJr789

Password = your Amberton University ID# (AUID) including the dashes

For example: 04-999-999

Once your login has been validated, you may select from a variety of menu options, including your individual E-Course, email account, Remote Research, General Tools, all Syllabi, Research Tutorials and Electronic Instructor Folders (FTP).

If you are accessing the Student Portal from a public or shared computer, close the browser completely when finished, or click on the Logout button. For security purposes, no other person should have access to your Username or Password. If you feel your information has been compromised or if you experience technical difficulties, contact the e-course system administrator at: e-sysop@amberton.edu

If you have lost or do not know your Amberton ID#, please contact the Student Services Office 972/279-6511 or advisor@Amberton.edu for a replacement AUID card. You must know your Amberton ID# to gain access to the course and to send email to your professor.

Through the Amberton University Moodle Website
Students enrolled in distance learning courses using the Moodle Learning Platform may also access the course by going to: http://moodle.Amberton.edu

For those utilizing Moodle for the first time, the username and password for the Moodle Learning Platform will be emailed to the student’s University email account prior to the start of the course. For those returning to Moodle who do not remember their username and password, click on the link “Forgotten your username or password” available on the Moodle log in page (http://moodle.Amberton.edu). Otherwise use the same username and password as previous session.

Moodle Tutorial:
Upon successful log in and access to the Moodle learning platform, there is a Student Moodle Tutorials course available, to learn about the basics of Moodle. Simply click on the link for the Student Moodle Tutorials and read through the various learning topics: Navigating; Communicating; Assignments & Exams; Grades; and Student Resources.

COURSE COMMUNICATIONS:
Students will communicate with faculty through the Moodle Learning Platform or the Amberton University email system.
Each student enrolled is assigned an Amberton email account, which gives the student access to the Amberton email system (my.Amberton.edu). This email account is provided by Google Apps for Education. Students are encouraged to check their email regularly for University news, notices, and to communicate with instructors.

The student’s assigned email address would be Username@my.Amberton.edu

Example: LJones-Smith789@my.Amberton.edu

The student Username is determined by:

firstname initial+lastname+last 3 digits of student ssn.

For example: Linda Jones-Smith SSN: 123-45-6789
Students will be prompted for a Username and Password when accessing their email account. Use the Username portion of the email address as the username (Example: LJones-Smith789) and your Amberton ID# (including the dashes) as the password.

If you already have a Google gmail account, you might be prompted to add this account to your current account. Click ‘Yes’ and you will be logged into your my.Amberton.edu email account. It will be a separate email account from your personal gmail account.

If you need assistance with your email account, please visit https://support.google.com/mail

Students are responsible for reviewing the “Communication Guidelines” provided on the individual E-Course for specific instructor requirements.

Upon completion of a session, all communication and course specific information is removed from the Moodle system. If a student needs to maintain a record of communications or assignments, the student is strongly encouraged to print out or download these items to a disk for their own records.

FORMAT AND SUBMISSION OF ASSIGNMENTS:
Assignments are to be submitted to the appropriate assignment Drop Box in the Moodle system. Specific directions and guidelines for submission of assignments are located on-line in the “Communication Guidelines” of the e-course. Due to compatibility issues, Office 2007 files cannot be read by earlier versions of Microsoft Office. Before submitting an exercise file, confirm the file is in the proper format for grading by the instructor.

INSTRUCTOR/COURSE EVALUATION:
Each session, all Amberton students are provided with the opportunity to evaluate their courses and instructors. The evaluation process is an important one and provides students with an anonymous and confidential way to give meaningful feedback to the University. Summary information and comments are provided to faculty after the close of the session. All information provided is anonymous.

The Instructor/Course Evaluation will be open for completion during week 9 of the session. An evaluation assignment will be placed in week 9 of the Moodle course, along with the instructions on how to complete the evaluation. Prior to week 9, the University will send out an email containing instructions and dates for the evaluation period.

TEXAS EDUCATION AGENCY COMPETENCIES:

(USE THE PARAGRAPH BELOW FOR COURSES CSL6745, CSL6779, CSL6782, CSL6800, CSL6801, CSL6803, CSL6805, CSL6830, CSL6832, CSL6833, CSL6829 AND CSL6855; OTHERWISE DELETE THIS SECTION ENTIRELY)

This course addresses the School Counselor Competencies set forth by the Texas Education Agency. These competencies are listed by course on the University’s ftp site (ftp://ftp.amberton.edu/cslinfo/AU_TEA).

ACADEMIC HONESTY/PLAGIARISM:
Plagiarism is the presentation of someone else’s information as though it were your own. If you use another person’s words, ideas or information, or if you use material from a source – whether a book, magazine, newspaper, business publication, broadcast, speech, or electronic media – you must acknowledge the source. Failure to do so violates Amberton University’s ethics policy.

RESEARCH RESOURCES:
The student is encouraged to use the Amberton Electronic Library as a research resource for this course. The Electronic Library provides access to full-text and abstract articles as well as links to a variety of remote research tools. Students can search Amberton Library Resource Center holdings through the on-line public access circulation system. The physical library contains a specialized collection of research materials.
specifically chosen to support the degrees and courses offered at Amberton. Interlibrary loan and document delivery services are available. The TexShare Card offers borrowing privileges in libraries all across the state of Texas. Students with research questions or questions about Library services are encouraged to visit the Library or email their questions to library@Amberton.edu.

**RESEARCH TUTORIALS:**
Online research resources are available through “Research Tools Database”, accessible through the Student Portal. (For additional assistance, students may access the “Research Tutorials” link located in the General Tools area on the Student Portal.) Access the Portal by clicking “Student Portal” from the University’s website. You must know your Amberton ID to access the Portal.

*Library Live Chat Feature*
The website allows for a live chat feature with librarians on the library pages. This service allows students to connect with librarians on questions regarding resource assistance, searching data bases and access to library services.  [www.amberton.edu/current-students/library/index.html](http://www.amberton.edu/current-students/library/index.html)
LIFESPAN DEVELOPMENT. A Psychological Perspective Second Edition. By Martha Lally and Suzanne Valentine-French. 1. Chapter 1: Introduction to Lifespan Development Chapter 2: Heredity, Prenatal Development, and Birth Chapter 3: Infancy and Toddlerhood Chapter 4: Early Childhood Chapter 5: Middle and Late Childhood Chapter 6: Adolescence Chapter 7: Emerging and Early Adulthood Chapter 8: Middle Adulthood Chapter 9: Late Adulthood Chapter 10: Death and Dying. 3. Table of Contents. Life-span developmental theory provides a framework for understanding human aging. The main purpose of theory in the study of aging is to provide a context for describing and explaining the regular transformations that occur with time to representative organisms living under representative conditions. Secondary aging factors such as stress, trauma, exposure to toxins, and disease exacerbate the rate of primary aging. However, it is also the case that some individuals... Understanding the concepts of life-span development and how changes occur physically, mentally and socially across a person's lifespan. What is Lifespan Development? This article focuses on discussing the questions; "What is lifespan development?" and "How do we define lifespan development in psychology?" It is an old saying that the only thing that remains the same is change. Changes are always occurring through the course of a person's life. A. For ease of studying life span development, we speak of stages from infancy through old age, but in reality, people develop in continuous fashion throughout life. Even periods marked by specific biological changes, such as puberty and the climacteric (menopause in women), occur in gradual fashion. Module 1: lifespan psychology. Introduction to life span, growth and development. Learning Objectives. At the end of this lesson, you should be able to Welcome to life span, growth and development. This is the study of how and why people change or remain the same over time. This course is commonly referred to as the womb to tomb course because it is the story of our journeys from conception to death. Human development is the study of how we change over time.